

CREATING YOUR  
**LIFE PLAN**  
with  
DONALD MILLER

# MODULE SIX

## LET'S GET STARTED

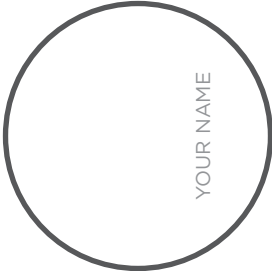
1

Write your name in the center circle. From there, draw bubbles either above or below your circle to create a visual representation for people in your life. When you're done, your atom should look like a living diagram of relationships.

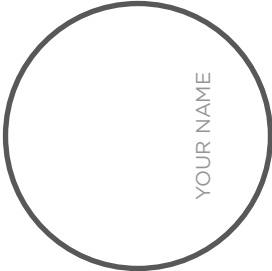
From there, we will begin to reflect on how to make your relational life more healthy.

- We have given you 4 copies of the “relational atom” as this is an evolving document. Feel free to come back and fill it out again as your relationships change.

RELATIONAL ATOM



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